



Town of Seabrook
Seabrook Recreation Department

311 Lafayette Rd. Seabrook, NH 03874

2015 Fall Classes & Activities

Zumba Gold

ZUMBA FOR SENIOR CITIZENS!

TWO SEPARATE CLASSES:

ZUMBA GOLD MONDAY

10:00 – 11:00 AM

ZUMBA GOLD WEDNESDAY

10:30–11:30 AM

CLASS FEES:

\$20 w/SRD ID

\$3 drop-in

**\$35 non-res
SRD ID**

\$5 drop-in

\$38 w/o SRD ID

\$7 drop-in

CLASSES RUN SEPT. 28th–DEC. 18th

For more information please call the rec at 603-474-5746

Find us on Facebook:
Seabrook Recreation Department &
Community Center



Visit our website:
[seabrooknh.info/town-departments/
recreation](http://seabrooknh.info/town-departments/recreation)

MISSION STATEMENT: To provide leisure services for Seabrook residents of all ages and interests by promoting programs which encourage the development of healthy bodies, minds and attitudes